



# NBCSN™

National Board for Certification  
of School Nurses



## Test Prep



If you would like more information about NBCSN or about the exam [eligibility](#), [preparation](#), or [test dates](#) you can visit our website at [www.NBCSN.org](http://www.NBCSN.org) or email us at [info@nbcnsn.org](mailto:info@nbcnsn.org)

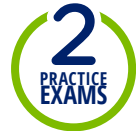
**The National Board for Certification of School Nurses (NBCSN) does not endorse any resources or study guides. Just because a product says “NBCSN” that does not mean that it was developed or endorsed by NBCSN.**



No exam preparation guide can guarantee that you will pass the exam;



NASN materials are developed by subject matter experts and are relevant preparation materials;



NBCSN has two practice exams available only on the **NBCSN.org** website and sample questions in the candidate handbook and on the website;



There is a list of resources on the NBCSN website which provides a list of materials that may be helpful for school nurses to use to prepare for the exam, many of which are used in the exam development;



These are developed by NCSN subject matter experts (SMEs)



While a preparatory product may use “NBCSN” or “NCSN” in its title, it is not necessarily developed or endorsed by the NBCSN, it may not be written by school nurse subject matter experts;



Our statistics show that candidates who participate in small study groups are most successful.



Right now, the only preparation materials NBCSN is associated with are the *School Nursing Certification Review Book (2020)*, 2 practice exams and the Challenge the School Nurse questions available at NBCSN.org, the NurseBuilders programs listed on our website and the Certification Exam Candidates discussion list on the SchoolNurseNet section of the NASN website.



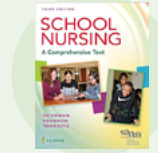
**BUYER BEWARE:**

**ALWAYS BE WARY OF ANY STUDY PREP PRODUCT THAT “GUARANTEES RESULTS.”**

Books to review include:



Selekman, J., and Cogan, R. (2020). **School nursing certification review**. NBCSN.



Selekman, J., Shannon, R.A. & Yonkaitis, C.F. (2019). **School nursing: A comprehensive text**. NASN.



Resha, C. & Taliaferro, V., Eds. (2017) **Legal resource for School Health Services**. Schoolnurse.com

The road map below is based on the online study review course and the *School Nursing Certification Review* text book.

## WEEK 1

National Certification: The Why and the How

Foundations of Pediatric Nursing: Understanding Children and Their Families

Chapters 1 - 2

## WEEK 2

Foundations of Pediatric Nursing: Understanding Children and Their Families



Don't forget to review test taking strategies.

You can find more information by visiting <https://nurseslabs.com/11-test-taking-tips-strategies/> <https://ecourses.nursebuilders.net/courses/test-taking-techniques-a-guide-for-nursing-certification-exams>



## WEEK 3

Health Appraisal

Chapter 3

26%  
of the  
EXAM

## WEEK 4

Health Problems and Nursing Management

Chapter 4

27%  
of the  
EXAM

## WEEK 5

Health Promotion/ Disease Prevention

Chapter 5

20%  
of the  
EXAM

## WEEK 6

Special Health Issues

Chapter 6

14%  
of the  
EXAM

## WEEK 7

Professional Issues

Chapter 7

13%  
of the  
EXAM



Did you know?

There's an online study group for the exam. The course runs for 7 weeks before every testing window opens. To join the group, go to **NASN SchoolNurseNet communities - National Certification Exam Candidate**



Suffer from test anxiety?

Be sure to visit these sites for strategies to handle your anxiety:

- <https://nursing.lsuhsu.edu/AcademicSuccessProgram/StrategiesTestAnxiety.aspx>
- <https://nightingale.edu/blog/overcome-test-anxiety-nursing-school/>
- <https://ecourses.nursebuilders.net/courses/Nursing-Certification-Exam-Preparation-Studying-Anxiety-Management-Test-Taking-Techniques>

